

## YOU ARE HELPING ST. JOSEPH'S HEALTH CENTRE KEEP THE PROMISE TO MAKE THIS COMMUNITY ONE OF THE HEALTHIEST IN CANADA.

Thank you to our more than 8,500 friends and neighbours who came to one of our signature events this past fall to support St. Joseph's Health Centre. Whether you golfed at our Fall Classic, Cycled 4 St. Joe's, dressed up at St. Joseph's Toronto West Halloween Fest, or shared your light this holiday season, together, you raised more than \$800,000 for St. Joseph's.

Thank you to our lead sponsors:



## ST. JOSEPH'S NEWS

### WELCOME – ON BOARD

Simon Nyilassy and Elizabeth Wademan Huculak have more in common than being newly appointed to the Foundation's Board of Directors. They both made the decision to volunteer because of the care they and their families have experienced at St. Joe's. "I am a long-time westender and wanted to give back to one of our communities most loved and treasured institutions," says Simon.

Elizabeth has family connections to the west-end and says she was inspired to volunteer after seeing the difference giving has already made at St. Joe's. "The renovated children's floor and CIBC Just for Kids shows us what donors can do, so I am excited to see the impact the Promise Campaign will have in other critical areas like the Emergency Department."

Simon Nyilassy, Founder, Marigold and Associates, and Elizabeth Wademan Huculak, an Independent Corporate Director, join Bob Clark, President of Newport Insurance, Dale Hooper, Chief Brand Officer of Rogers Communications, and Connie Stefankiewicz, Chief Marketing Officer, BMO Financial Group, as our newest Foundation Board members.

### Thank you to all the Foundation's Directors for helping us keep the Promise.

Larry Chapman, Chair	Marilynne Day-Linton	Dr. Peter Menikofs	Elizabeth Wademan Huculak
Roman Dubczak, Vice-Chair	Matt Hall	Simon Nyilassy	Patrick Walsh
Peter Barnicke	John Hastings	Gary Selke	Elizabeth Buller, Ex-Officio
Tamara Bratty	Dale Hooper	Jeff Snowden	Maria Dyck, Ex-Officio
Laurissa Canavan	Louise Hucal	Connie Stefankiewicz	
Bob Clark	David Kincaid	Michael Talmage	
Dr. Chris Compeau	Ed Lycklama	Bernadette Testani	



### Reducing concussions in sport

Dr. Dan Cass, Vice President, Medical, is leading an important new initiative to reduce concussions in youth sport. He's chairing Rowan's Law Advisory Committee, which is supporting the provincial government's action on detection, prevention and treatment of head injuries. "An active, healthy lifestyle is important for youth, but their well-being and safety is imperative," he said.

### Flu shots are available at the St. Joe's Pharmacy

The flu shot is one of the best ways to protect yourself and the ones you love. Anyone five years and older can get their flu shot in our Pharmacy this flu season from 8 a.m. to 5 p.m. – no appointment necessary.



"My family and I are so fortunate to have St. Joe's in our community. When I came to Emergency with severe chest pains in the middle of the night, the team took action right away. My lung had collapsed and the doctors and nurses were so caring. They reassured me everything would be ok. My family made a promise to always give back to St. Joe's because we want to help others in any way we can."

Grace Tenzsen

### Help St. Joseph's Health Centre keep the Promise to make this community one of the healthiest in Canada.

Make your gift today to support Promise, the \$70 million Campaign, by going online at [supportstjoes.ca](http://supportstjoes.ca), calling 416-530-6704, or coming to see us at our Donation Office on the first floor of the Health Centre (1M-136) or our main office on the 5th floor of the Sunnyside Building.



Promise.

What one-stop care for women looks like  
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Meet our neighbours who are helping keep the Promise  
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President & Executive Director of The Geoffrey H. Wood Foundation John Broley cuts the ribbon to officially unveil the first phase of The Geoffrey H. Wood Foundation Centre of Excellence in Breast Cancer Screening and Treatment as Dr. Tara Williams, Chief of Diagnostic Imaging, Dr. Andrea Miller, Radiologist, John Moore and Audrey Robinson, members of The Geoffrey H. Wood Foundation, and Elizabeth Buller, President and CEO, St. Joseph's Health Centre, look on.

Learn more about how your neighbours are helping St. Joseph's keep the Promise to make this community one of the healthiest in Canada.



### OUR FATHER MADE A PROMISE BEFORE HE DIED

John Uchikata had just turned 99 when he died in September 2015. He is remembered by his family as a wonderful father, businessman and talented gardener with a great sense of humour. He was our neighbour for 65 years and now will always be remembered at St. Joe's.

"He had a sense of commitment to his community and encouraged his four kids and grandchildren to give back," say his children Beverly, Jane and Paul. His eldest son David died in 2013.

John Uchikata in his named room at the opening of the Our Lady of Mercy Wing in 2012. [ 5 ]

"He was proud to name a room in the Our Lady of Mercy Wing in 2012. Whenever we went by St. Joe's, he would say 'here's my room.' He felt like St. Joe's was his second home."

John has given back again. He remembered St. Joe's in his will as a way of thanking the staff and doctors he loved so much.

To learn how you can leave a legacy gift like John did, please contact Andrew Finn at 416-530-6390 or [afinn@stjoes.toronto.ca](mailto:afinn@stjoes.toronto.ca).

## KEEPING OUR PROMISE TO TORONTO'S WEST-END COMMUNITY

Every day, our staff and physicians do what it takes to be here for our patients and families and deliver on our vision to make this the healthiest community in Canada. We call this our St. Joseph's Promise.

You are helping St. Joseph's keep this Promise. Thanks to you, we have raised over \$43 million (more than 60% of our \$70 million Promise Campaign target) to improve the care we provide to you, your family and neighbours.

Thank you for all you've done to help us keep our Promise. When we come together as a community, we can do so much. Read on to find out more...  
**Thank you for helping keep the Promise.**

## THE GEOFFREY H. WOOD FOUNDATION JUST HELPED KEEP THE PROMISE



Artist's rendering of The Geoffrey H. Wood Foundation Centre of Excellence in Breast Cancer Screening and Treatment

### The legacy of one of our west-end neighbours lives on.

The late Geoffrey H. Wood lived in west Toronto, and from there he built the G.H. Wood & Company Limited. He was an innovative businessman and cared for this community. Now his legacy will help double the number of women we screen for breast cancer in a new one-stop location for breast cancer screening and treatment at St. Joseph's Health Centre.

On October 18<sup>th</sup>, St. Joseph's Health Centre and members of The Geoffrey H. Wood Foundation celebrated their transformative \$1.5 million gift and the opening of the first phase of The Geoffrey H. Wood Foundation Centre of Excellence in Breast Cancer Screening and Treatment.

This new centre will offer one-stop care for women wondering if they have breast cancer. Women will no longer wait up to six weeks for a diagnosis and treatment plan. They will come to one location for a screening and diagnosis, see the specialists they need and leave with a treatment plan, if they need one, the same day.

## NEIGHBOURS HONOUR LOVED ONES TO KEEP THE PROMISE

### New outdoor healing space for patients

If you walk by the Our Lady of Mercy Wing on any given day, it's very likely you will see patients and their families, and even staff and physicians, having a quiet moment in the gardens outside. But until this past October, the gardens were not very inviting – they lacked greenery, seating and beauty. Now there is much more to enjoy.

On October 16<sup>th</sup>, the gardens were brimming with fresh greenery and fall flowers, new benches, and a prominently placed statue of the Virgin Mary reflecting the Health Centre's Catholic roots. It's all thanks to Sandra Belvedere, a west-end neighbour who wanted to honour her husband by creating The Rocco Donald Belvedere Healing Garden for our patients and families who turn to St. Joe's for care.



health and beauty care product marketing and manufacturing company Belvedere International Inc. "I wanted this garden to provide comfort and peace for our community."

Maria Dyck, President and CEO of St. Joseph's Health Centre Foundation says it's always inspiring to work with donors to create something that also has meaning for them. "We talk about our promise to care for the community. This space does just that by providing a healing and tranquil space for patients and their families to enjoy."

### Better patient spaces to improve care

Four of our neighbours who have lived in the west end for most of their lives have also spent a lot of time at St. Joseph's. Whether at the Health Centre to visit a family member or friend, or for care themselves, they all noticed our lounge space for patients and visitors needed some TLC.

Now thanks to their generous support, two lounges overlooking Lake Ontario now feel more like an extension of home.

Marilyn Lightstone and Moses Znaimer helped raise funds to transform a lounge on the 4<sup>th</sup> floor. Marilyn is an accomplished actor and artist. She also made a donation of over 100 pieces of her own artwork to enrich both newly-renovated lounges, as well as other areas within the Health Centre.

Foundation Board member and past Chair Marilynne Day-Linton and her husband Bill Linton made the 6<sup>th</sup> floor lounge a warm and inviting space for patients and families. They funded the renovations to honour her late father Douglas Day, who was a patient and advocate for the care St. Joe's provides to our west-end community.

They agree it's their way of helping their neighbours and helping St. Joseph's keep the Promise to make Toronto's west-end one of the healthiest communities in Canada.



Mary McLeod, VP, Clinical Programs; Marilynne Day-Linton, Marilyn Lightstone, Dr. Dan Cass, VP, Medical; and Foundation President and CEO Maria Dyck celebrate the opening of two newly-renovated lounges.

**There are still two more lounges to renovate. If you are interested in making a gift to help, please contact Andrew Finn at 416-530-6390 or afinn@stjoeoronto.ca to learn more.**

## WE ARE HELPING KEEP THE PROMISE BECAUSE...

### St. Joe's is here for our community

"St. Joe's is part of our everyday lives. My husband David has kidney disease and comes to St. Joe's for dialysis regularly," says Karen Allmen-Chow. "We want to make sure we have a great hospital in our community – it's why we have supported the new Bachir Yerec Family Dialysis Centre and are so excited to know construction is starting. I am also a volunteer on a community committee in Bloor West Village to encourage our neighbours and local businesses to support St. Joseph's Promise Campaign. It really feels good to help in any way I can."



**If you are interested in joining one of our community campaign committees, we'd be happy to have your help. Please contact Kathy Richmond at krichmond@stjoeoronto.ca or 416-530-6486 ext. 3563.**

### St. Joe's keeps me fighting

"I've been diagnosed with cancer five times in the last 10 years, but fortunate because doctors have caught it early – the first in my lungs, then my liver, and my breast," says Suzanne Mills. "Each time, St. Joe's has been there for me through my diagnosis, two surgeries and recovery. And I know they will keep fighting with me."

"My gift to support the Promise Campaign is my way of saying thank you. I am supporting the Oncology Clinic renovations so I can help others with cancer."



Last year, our Oncology Clinic had almost 10,000 visits, with 3,500 of them from patients like Suzanne receiving chemotherapy. To-date, \$10,000 has been raised to redesign the waiting room as phase one of a larger vision to redesign the clinic space to care for more patients in a comfortable, healing environment.

### St. Joe's has been here during my darkest and brightest moments

"A nurse in the Neonatal ICU told me children with Down Syndrome are sent to people to change lives," says Beverly Bates. "I know that's true. Before Violet was born at St. Joe's, I battled mental illness and addiction, and relied on the Emergency and Mental Health teams at St. Joe's to put me back on track. With their support, I am healthy and Violet keeps me strong. My gift celebrates Violet. I know every bit counts and if I can help others, that makes me happy."



Our Emergency is a critical resource for our community – with more than 100,000 visits last year, it is one of the highest volume emergencies in Ontario. St. Joe's also cares for a large proportion of people with mental illness since this community has the highest proportion of mental illness in the city. Emergency is a priority project in the Promise Campaign to improve care and ensure the space is safe, private and feels like a healing environment.