



ST. JOE'S PLATE

The St. Joe's Plate started as a way to honour the beautiful life of Lauren Whelan, a St. Joe's baby, who took her own life at the age of 19.

What our donors have made possible

Thanks to the generous support of sponsors, attendees and donors, St. Joe's Plate has raised over **\$2.6 million** to improve care for people with mental illness.

This includes:

- Creating Lauren's Lounge, a dedicated space for those who need overnight care at St. Joe's for mental illness
- Directing funds to the newly-renovated Mental Health Emergency Services Unit (MHESU)
- Purchasing media walls for the MHESU to connect patients with loved ones
- Donating art kits and supplies for those in our care as a calming and therapeutic activity

Mental Health Care

St. Joseph's Health Centre has among the highest number of programs for mental health with specialists to treat children, youth, adults and seniors



60,600 The number of times those needing help for mental health or addiction care came to St. Joe's last year

60,000 outpatient visits for mental health and/or addiction care

3,500 children and youth received care in our Child, Adolescent & Family Mental Health Unit

6,600 emergency visits for mental health and/or addiction care

1,000+ of our neighbours received overnight care in our inpatient unit for mental illness

280 children and adolescents were admitted to St. Joe's for prolonged stays

Toronto's west-end community has the **highest concentration** of people with mental illness in Toronto

St. Joe's Virtual Plate – Wednesday, September 16th!

Join us to raise funds to support youth with mental illness in our community.

The St. Joe's Virtual Plate, hosted by Cash Cab's Adam Grove, features engaging speakers on mental health, amazing musical entertainment, and great silent auction prizes – all to support mental health care at St. Joe's! Visit <https://event.gives/plate> for details! Follow us on social @stjoespromise and use the hashtags #stjoespromise or #stjoesplate

CONTACT US!

For more information, please contact Renata Bell, St. Joseph's Health Centre Foundation
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ST JOSEPH'S
HEALTH CENTRE FOUNDATION

St. Joe's is building a new unit for youth with mental illness

St. Joe's is turning its attention to youth at-risk; a very large transitional aged youth population who can benefit from specialized services. These are youth between 16 and 24 who are transitioning from adolescent to adulthood and are most at risk for falling through the cracks in the system.

St. Joe's is building the first hospital-based Transitional Aged Youth Unit in the GTA to help this vulnerable population get the care they need.

The St. Joe's Plate has raised more than \$2.3 million to support mental health care to-date and this unit is our latest priority. With our support, we can build this unit to dedicate six beds to youth (16 – 24) who have more complex needs and require private, targeted treatment. Other features of this healing environment will include a private interview/examination rooms, space for staff education and training, as well as a lounge space for youth.



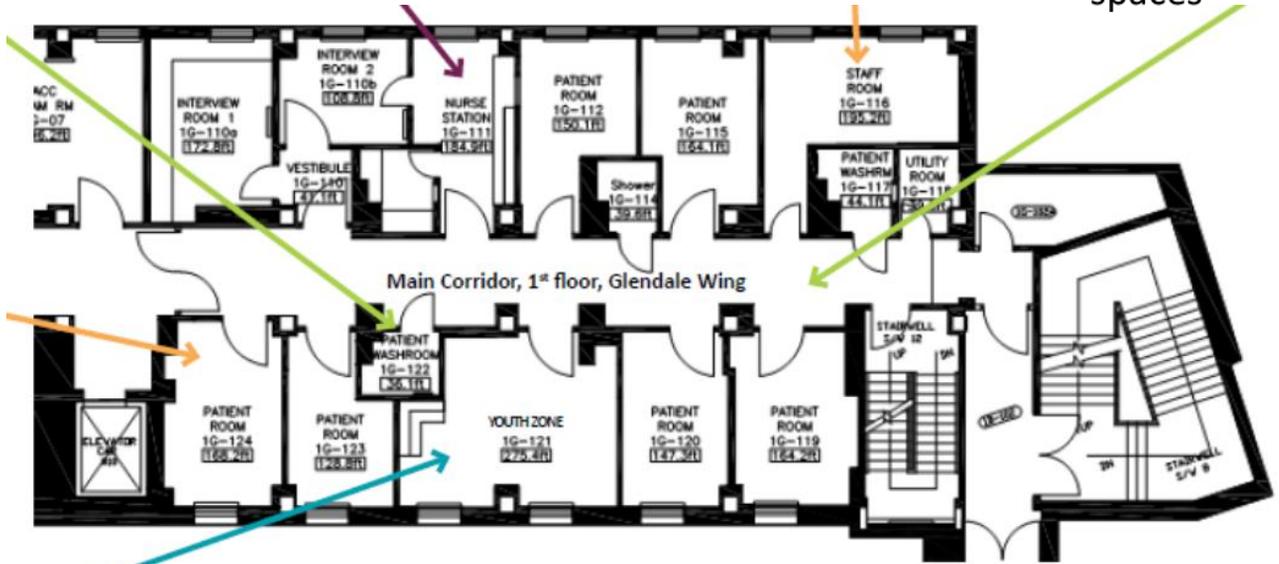
Our vision for the Transitional Aged Youth Unit is to create a space that is warm, welcoming and encourages recovery, socialization and skill building.

Patient Washroom

Nurse Station

Staff Room

Corridor spaces



Youth Zone